

STUDENT NAME _____

DEVELOPMENTAL STAGE _____ school Age _____

REVIEW MODULE CHAPTER _____

EXPECTED GROWTH AND DEVELOPMENT

Physical Development

The school age student's physical development is rather slow. They gain 5-8 cm in one year and weight of 2-6kg.

Cognitive Development

School-age children's thinking skills become increasingly sophisticated as they encounter new people, places, and ideas. They develop the ability to learn in abstract ways from books, art, movies, and experiences.

Psychological Development

The child begins to understand desired societal rules which include conscience and morality.

Age- Appropriate Activities

The most prevalent activities for the school age child is playing together with the peers of the same gender, biking and imitating the significant others.

Health promotion

There are indicators for health promotion which include learning disorders, scoliosis, enuresis and kyphosis at the age of school going children.

Immunizations

The recommended vaccines for the school going children include HPV, chickenpox, varicella, pertussis and varicella

Health Screening

School going children should be screened for cervical cancer, prostate cancer, cardiovascular diseases and high blood pressure.

Nutrition

There is a requirement that at the age of school going the nutrition portion of a child should be very high in starch. These anticipated due to the high rate of activity those children possess at this age.

Injury Prevention

There are precautions which should be kept in place to prevent children from injury. Wearing helmet while biking and field playing should be monitored by responsible adults.